

# KABAYAN FILIPINO RESTAURANT



## LIPSCANI 69

ROOTED IN CULTURE, RICH IN FLAVOR

### APPETIZERS

<b>Lumpiang Shanghai</b>	150gr	35 LEI
<i>Crispy spring rolls filled with ground pork and vegetables, served with sweet chili sauce.</i> ~420kcal   ~28g fat   ~20g Carbohydrates   ~23g protein		
<b>Calamares</b>	150gr	40 LEI
<i>Crispy Battered squid rings served with dipping sauce</i> ~320kcal   ~17g fat   ~27g Carbohydrates   ~15g protein		
<b>Tokwat Baboy</b>	200 gr	45 LEI
<i>A savory appetizer made with fried tofu and boiled pork.</i> ~220kcal   ~14g fat   ~7g Carbohydrates   ~16g protein		
<b>Siomai</b>	130 gr	35 LEI
<i>Steamed dumplings filled with a mixture of ground pork, shrimp and vegetables, served with soya sauce, calamansi and chilli garlicoil.</i> ~290kcal   ~14g fat   ~20g Carbohydrates   ~19g protein		

### MAIN DISHES

<b>Adobo</b>	40 LEI
<i>A classic Filipino dish of chicken or pork stewed in soy sauce, vinegar, garlic, and spices.</i> ~280kcal   ~18g fat   ~4g Carbohydrates   ~20g protein	
<b>Kare-Kare</b>	65 LEI
<i>A rich oxtail stew in a savory peanut sauce, served with bagoong (shrimp paste) on the side.</i> ~300kcal   ~20g fat   ~8g Carbohydrates   ~20g protein	
<b>Buffalo Wings</b>	40 LEI
<i>Spicy and tangy chicken wings coated in buffalo sauce.</i> ~350kcal   ~23g fat   ~6g Carbohydrates   ~28g protein	
<b>Sizzling Sisig</b>	55 LEI
<i>Filipino traditional dish made from chopped pigs head and liver, topped with raw egg and chilli peppers.</i> ~300kcal   ~25g fat   ~6g Carbohydrates   ~28g protein	
<b>Chicken Inasal</b>	55 LEI
<i>Grilled chicken marinated in a mixture of vinegar, calamansi juice and various spices, then grilled to smoky perfection</i> ~250kcal   ~12g fat   ~2g Carbohydrates   ~28g protein	
<b>Bulalo</b>	65 LEI
<i>healty filipino soup made with beef shanks and bone marrow, slow cooked until tender, lavoured with vegetables.</i> ~220kcal   ~12g fat   ~6g Carbohydrates   ~22g protein	
<b>Sweet &amp; Sour Fish</b>	55 LEI
<i>Fried fish fillet in tangy sweet and sour sauce</i> ~260kcal   ~12g fat   ~18g Carbohydrates   ~20g protein	
<b>Fried Chicken (Half)</b>	65 LEI
<i>Golden fried chicken, juicy and crispy</i> ~320kcal   ~18g fat   ~16g Carbohydrates   ~30g protein	

<b>Fishball</b>	200gr	30 LEI
<i>Minced fish, deep fried, served with dipping sause</i> ~360kcal   ~8g fat   ~55g Carbohydrates   ~15g protein		
<b>Tortang Talong</b>	200gr	30 LEI
<i>Filipino eggplant omlette with rice and dipping sauce.</i> ~220kcal   ~14g fat   ~8g Carbohydrates   ~10g protein		

<b>NOODLES</b>	350 gr
<b>Bihon Guisado</b>	35 LEI
<i>Stir-fried rice noodles mixed with a variety of vegetables, sliced meat and shrimps, seasoned with soy sauce.</i> ~220kcal   ~7g fat   ~32g Carbohydrates   ~10g protein	
<b>Pancit Canton</b>	35 LEI
<i>Stir-fried egg noodles cooked with either pork/ chicken / shrimp and mixed vegetable</i> ~220kcal   ~7g fat   ~32g Carbohydrates   ~10g protein	
<b>Palabok</b>	40 LEI
<i>Rice Noodles topped with savory shrimp sauce, Chicharon egg and garlic</i> ~260kcal   ~10g fat   ~36g Carbohydrates   ~11g protein	
<b>Sotanghon</b>	40 LEI
<i>Glass Noodles in a light broth with vegetables, chicken and garlic</i> ~200kcal   ~6g fat   ~30g Carbohydrates   ~9g protein	

### RICE

<b>Plain Rice Solo / Platter</b>	10/20 LEI
<i>Steamed white rice</i> 130kcal   ~0.2g fat   ~28g Carbohydrates   ~2g protein	
<b>Garlic Rice Solo / Platter</b>	12/24 LEI
<i>Fragrant rice seasonedsauteed with garlic</i> 130kcal   ~0.2g fat   ~28g Carbohydrates   ~2g protein	
<b>Java Rice Solo / Platter</b>	15/30 LEI
<i>Yellow rice seasoned with spices and turmeric</i> 260kcal   ~6g fat   ~46g Carbohydrates   ~5g protein	
<b>Bagoong Rice Solo / Platter</b>	20/35 LEI
<i>Fried Rice flavored with shrimp paste</i> 250kcal   ~6g fat   ~45g Carbohydrates   ~6g protein	
<b>Coriander Rice</b>	25 LEI
<i>Steamed white rice infused with fresh ccoriander</i> 130kcal   ~0.2g fat   ~28g Carbohydrates   ~2g protein	
<b>Chao Fan Rice</b>	25 LEI
<i>Stear-fried white ricemixed with vegetables and egg</i> 130kcal   ~0.2g fat   ~28g Carbohydrates   ~2g protein	

#### ⚠ Allergen & Ingredients Disclaimer

Our food may contain allergens such as gluten, peanuts, tree nuts, soy, milk, eggs, fish, shellfish, sesame, and mustard, or traces thereof. If you have any allergies or dietary restrictions, please inform our staff before ordering. We prepare all dishes in a shared kitchen, so we cannot guarantee the absence of cross-contamination.

#### ⚠ Alergeni & Ingredientele

Preparatele noastre pot conține alergenii precum gluten, arahide, nuci, soia, lapte, ouă, pește, crustacee, susan și muștar, sau urme ale acestora. Dacă aveți alergii sau restricții alimentare, vă rugăm să informați personalul înainte de a comanda. Toate preparatele sunt gătite într-o bucătărie comună, astfel încât nu putem garanta absența totală a contaminării încrucișate.

### DESSERT

<b>HALO- HALO</b>	35 LEI
<i>SHAVED ICED DESSERT WITH MIXED SWEETS, FRUITS AND MILK</i>	

1360kcal | ~10g fat | ~10g fat | ~65g Carbohydrates | ~6g protein